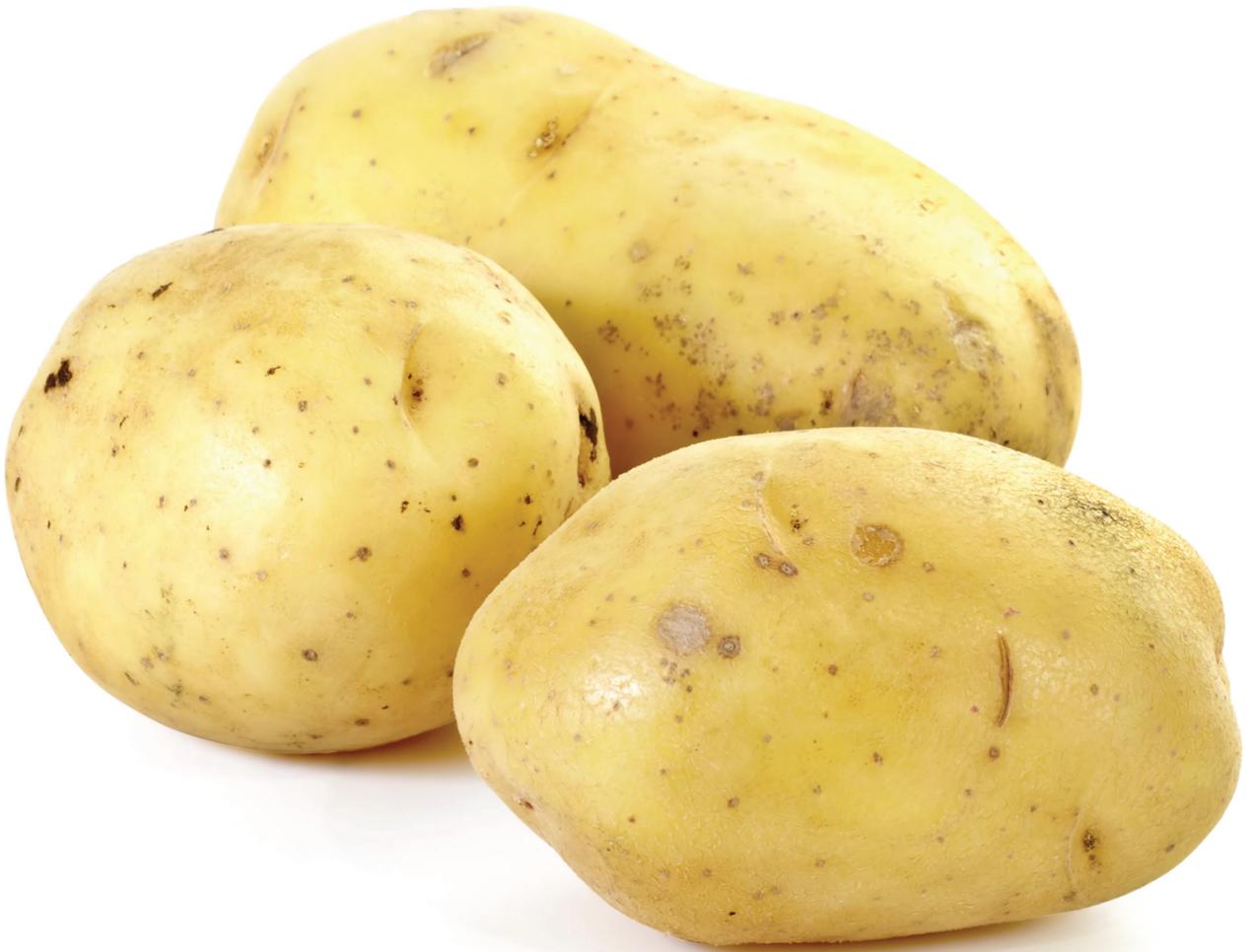


# POTATO



RUSSIAN

**Kartofel' (картофель)**

SPANISH

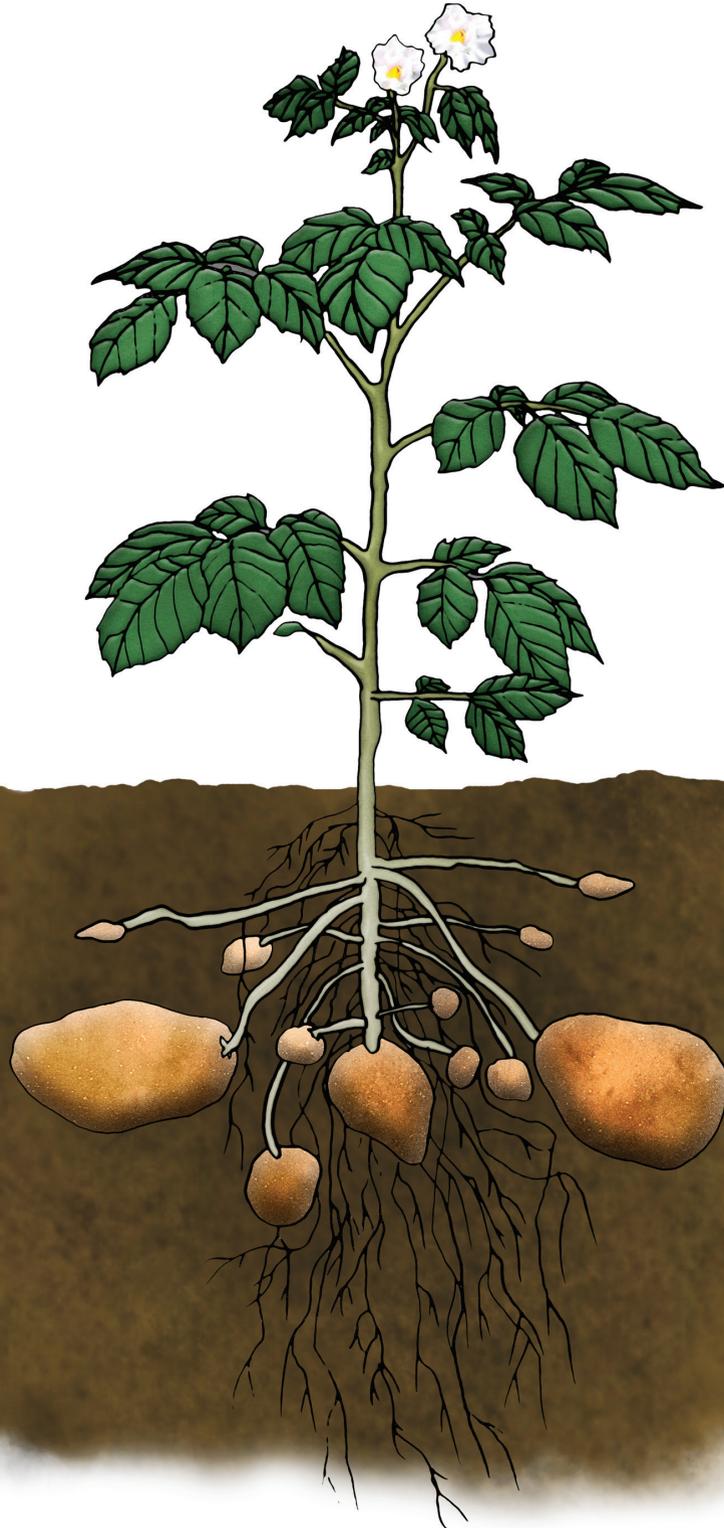
**Papas**

VIETNAMESE

**Khoai Tây**

Here are three potatoes. A potato is a root vegetable, like sweet potatoes, beets, and carrots. Who has tasted potatoes? What did they taste like? Potatoes are delicious cooked many different ways. We can eat potatoes cooked in the oven. We can also boil potatoes and mash them. Who has tasted mashed potatoes? French fries are made from potatoes. For a special treat, we can eat French fries, but not every day! We can cook potatoes in other ways that are healthier for our bodies.

# How do POTATOES grow?



# How do POTATOES grow?

Potatoes grow under the ground. Potato leaves grow above the ground. We can eat potatoes, but we CANNOT eat potato leaves. Potato leaves can make us very sick. Potato plants grow from whole potatoes or parts of potatoes! When we are planting potatoes, we look for parts with “eyes” (point to eyes on illustration). When we are planting potatoes, we look for potatoes with at least two eyes. Potatoes are planted in the soil in mounds or hills, and need water and sunlight to grow. When potatoes are ready to be eaten, we dig in the soil to find the tasty potatoes!

What other vegetables grow in the soil, under the ground?

# SAME BUT DIFFERENT POTATOES



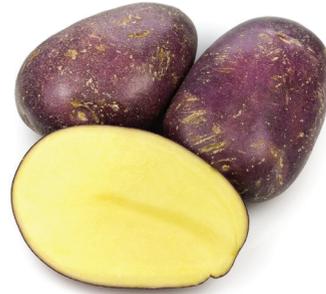
**Red Potatoes**



**Blue Potatoes**



**Yukon Gold Potatoes**



**Russet Potato**



**Fingerling Potatoes**

There are different kinds of potatoes. Here are five different kinds (point to each one as you say the name):

1. Red Potato
2. Blue Potatoes (some are blue inside, some are white inside!)
3. Yukon Gold Potato
4. Russet Potato
5. Fingerling Potatoes

You can grow different kinds of potatoes in a garden. Farmers can grow different kinds of potatoes on their farms, too. Potatoes come in many different colors!

What colors do you see?

How are these potatoes the same?

How are these potatoes different?

Which are the red potatoes?

Which are the blue potatoes?





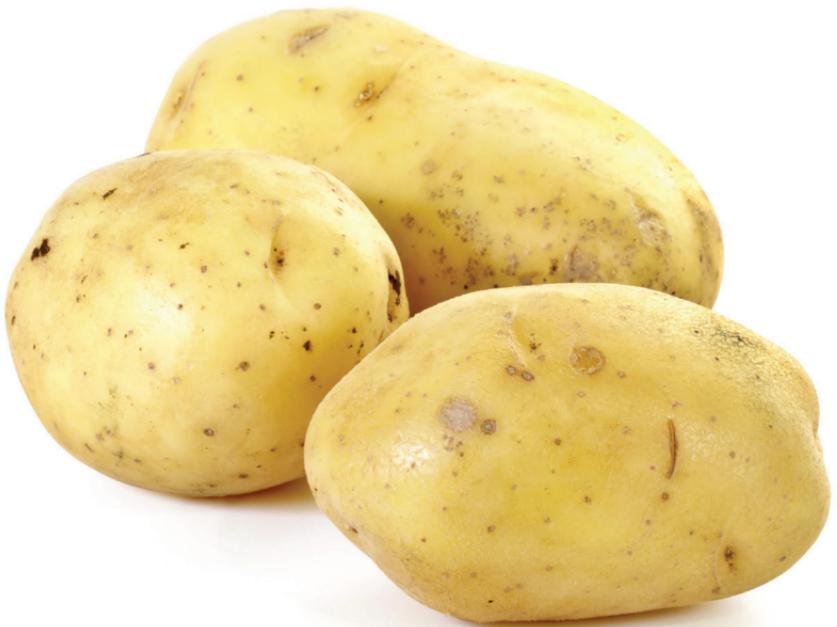
**Red Potatoes**





**Blue Potatoes**





**Yukon Gold Potatoes**



**Russet Potato**



**Fingerling Potatoes**



